

Dr. Myra D. Hoffman

I was born and raised in Huntington, WV. At the age of 2 I began taking dance lessons and at age 11 started cheerleading. After turning 14 I began experiencing back pain when performing. Coming from a medical family I went to an orthopedist and was told to stop all activities due to a progressive scoliosis that would require surgery and use of a brace for an extended length of time. I was also told that I would have pain for the rest of my life.

I was not willing to except that and turned to my uncle who had just graduated from Palmer College of Chiropractic. He and asked me to come spend the summer with him. After 3 months of chiropractic care the pain was gone and I was able to resume my dance and cheerleading, which I continued throughout high school. My scoliosis, while still present, has never progressed and does not cause any pain.

I received my Bachelor of Science Degree and Doctorate of Chiropractic on October 16, 1998 from Palmer College of Chiropractic.

Dr. Robb and I moved to Austin after graduating and worked at American Chiropractic Clinic. I took a 3-year leave of absence to start the Hoffman family. It wasn't until having our children: Cameron and MacKenzie that I realized the importance of chiropractic care for the pregnant woman and children and chose to focus my practice on these types of patients.

I was certified in the Webster Technique in February of 2004 and on January 12, 2005 I completed a 2-year postgraduate program in the Principles and Practices of Chiropractic Pediatrics and received my Fellowship of International Chiropractic Pediatric Association certificate.

I am committed to maintaining clinical excellence for the children and pregnant women under my care - facilitating and honoring the innate self-healing powers within each of my patients. In addition to serving my patients in office, I am on-call to all of my pregnant patients and attend homebirths, where I provide support and specialty care for the laboring mother and newborn infants. Many spinal problems seen in adults began as early as birth. Spinal and cranial subluxations can be the cause of many newborn health complaints such as colic, breathing problems, ear infections and nursing difficulties. These can often be related to the stress placed on the nervous system from spinal and cranial subluxations.

*Dr. Myra has been recognized by her peers and the ICPA for her dedication to Pediatric Chiropractic and Maternity Care.*